

Nutritional/Lifestyle Coaching Agreement

Nature of the Relationship

1. I fully understand that Tricia Cardone, CN is not a medical Doctor or practitioner and I am not here for medical diagnostic or treatment procedures.
2. The services performed by Tricia Cardone, CN are at all times restricted to consultation on the subject of nutritional matters intended for the maintenance of the best possible state of nutritional health and do not involve diagnosing, prognosticating or treatment of disease.
3. That I (The Client) am here, on this and any subsequent visit, solely on my own behalf.
4. I fully understand that if there are any supplement recommendations it is my (The Client's) responsibility to check with my (The Client's) MD/ Pharmacist to make sure there are no contraindications with any prescription drugs that I (The Client) am taking.
5. Any recommendations of lab tests, diet or nutritional supplements made by Tricia Cardone, CN will be to support and **not** replace, any medical treatment that you may be receiving. Tricia Cardone, CN works within nutritional parameters to help you create optimal wellness based on the latest research in the field.
6. I fully understand that any nutritional/lifestyle coaching is in no way to be construed as psychotherapy, psychological counseling, or any type of therapy. In the event the Client feels the need for professional counseling or therapy, it is the responsibility of the Client to seek a licensed professional.

7. I fully understand that the nutritionist is a supportive coach and I (The Client) must do my part in changing my diet, limit my stress, exercise daily etc. to see results. I understand that changing my diet and lifestyle takes time and results don't occur overnight.

Call Procedure

1. As questions arise, the Client may call or e-mail any questions. A response is generally given within 72 hours. All calls are limited to 5-10 minutes. If more time is needed we would be happy to set up a short phone consultation @\$45 per 30 minutes.

Correspondence

1. Email- By signing below, you acknowledge that it is ok to correspond/contact you via email.
2. Calls- By signing below, you acknowledge that it is ok to leave you phone messages. Ie: appointment confirmations, answers to your questions etc.

Payment Procedure

1. For all In-Office consultations, payment is due at each visit. We accept cash, checks and most credit cards. We do not take any insurance nor do we have access to CPT codes/DX codes. We will, however, give the client a receipt so that the client can submit to the insurance company for re-imburement.
2. For all Phone Consults, payment information is required prior to your consultation. The client can go to our website to make payment for desired phone consult time prior to set appointment or client may fill out the nutritional phone consultation voucher and fax to us at 570-421-0664 prior to consult time.



Cancellations

1. Aside from the occasional arising emergencies, cancellations must be made 24 hours in advance or there will be \$50 cancellation fee.

We very much look forward to working with you and guiding you on your journey to optimal health.

Date: _____

Signature: _____

Name: _____

Street: _____

City: _____

State: _____ *Zip:* _____

Telephone: _____